

Reflection journal

Power in philanthropy



We do not know it all, but what we do know, we share with others.



TEN YEARS' TIME

PHILANTHROPY REIMAGINED

Reflection journal

Power in Philanthropy

This guide accompanies the Power in Philanthropy video session and invites you to explore your personal relationship with power, privilege, and positionality. It's not about arriving at answers—it's about staying with the inquiry

Arrival

How are you arriving to this reflection? Take a moment to pause, breathe, and notice

- What sensations are present in your body?
- What emotions or thoughts are alive?
- Is there a word, image, or metaphor that describes your current state?

Reflective enquiry

Power with, Power over

Use journaling, doodles or drawing to explore:

- What does “power” mean to me?
- When do I feel powerful? When do I feel powerless?
- Where have I used power to protect? Where have I used it to control?
- What power dynamics am I part of, whether I name them or not?

Unfinished Questions

Leave space here for questions that are still unfolding. Not everything that needs to be asked will have a tidy answer. Use these pages for ongoing enquiry, insights, tensions, contradictions, and invitations that emerge later.

Invitation

As we come toward the end of the session, I invite you to reflect:

- How might what I've heard here today influence how I show up in my work and in my role as a Change Team member?
- What learning edges or questions do I want to continue exploring?
- What am I ready to unlearn—or reimagine?

Collective Practice

- How can we shift from “power over” to “power with” in our shared work?
- What conversations do we need to have?
- What would relational accountability look like?
- Who are we not in relationship with that we should be?

Unfinished Questions

Leave space here for questions that are still unfolding. Not everything that needs to be asked will have a tidy answer. Use these pages for ongoing enquiry, insights, tensions, contradictions, and invitations that emerge later.

Closing

Think of one small action you can take right now to help transition back into your day — perhaps noticing ten things in the room that are blue, taking a stretch, a breath, or a drink of water.

How are you leaving this reflection? What image, word, or sensation wants to mark this moment?

Next Steps (Optional):

- **One practice I want to try...**
- **One conversation I commit starting...**
- **One thing I'm ready to let go of...**
- **One place I will show up differently...**



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